



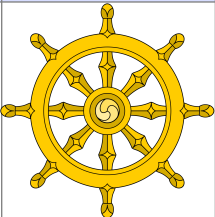



Year 5 - Buddhism

Key vocabulary

Siddhartha Guatama	Founder of Buddhism, known as the Buddha as he taught everyone about enlightenment.
Karma	Good or bad actions that determine the future.
Puja	Buddhist worship where people chant to show their love for the Buddha.
Enlightenment	Reached someone breaks the cycle of life.
Nirvana	The end of everything, free from suffering.
Dukkha	Suffering
Meditation	Taking control of the mind, becoming more aware, peaceful and focussed.
Bodhi Tree	The tree where Buddha reached enlightenment

Buddhist Symbols

Lotus flower	Buddha	Darma Wheel	Prayer wheels
			

The four noble truths

Dukkha	The truth of suffering
Samudaya	The truth of the cause of suffering
Nirodha	The truth of the end of suffering
Magga	The truth of the path that leads to suffering

The Eight Fold Path

