



Safeguarding Curriculum linked to Keeping Children Safe in Education 2025-26



At Bishop Martin three Key themes run through each topic in PSHE

Health and Wellbeing	Relationships	Living in the wider world
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In September 2020, a new curriculum for teaching relationships and health education was introduced. This curriculum has strong links with the specific areas outlined in Keeping Children Safe in Education 2021. Below we have identified how the Relationships and Health teaching requirements, alongside other aspects of our curriculum, meet the teaching the teaching of these specific areas.

Aspect: Relationships Education	Aspect: Physical Health and Mental Wellbeing
<p>Expect Respect Anti-Bullying E-Safety – Keeping Safe Healthy Lifestyles Families and people who care for me Relationships Education (Christopher Winter Project)</p>	<p>Mental Health and Emotional Wellbeing Personal Hygiene Oral Hygiene First Aid Drugs, Alcohol and Tobacco Diversity Week Gangs workshop E-Safety – Keeping Safe</p>



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Keeping Children Safe in Education 2021 also references a number of other areas that we cover within our curriculum.

Specific Area	Subject	Lesson or topic
Child Missing from Education/Missing from Home	<i>History</i>	Y5 – Victorians (R.E.A.D. topic) – children missing education due to work Y6 – World War topic – children leaving homes for safety
	<i>Geography</i>	Y2 – Kenya (Maasai) Y5 – North and South America (favelas); Migration (forced movements) Y6 – Brazil – city of 2 halves; Year 5 – North and South America (favelas)
Child Sexual Exploitation	<i>PSHE</i>	Reception - People who help us (Healthy Lifestyles) Y1 – How to look after our bodies (Healthy Lifestyles) Y2 – Rules for staying safe in school and at home (Healthy Lifestyles), Gender Stereotyping (Expect Respect) Y3 – Where to get help (Expect Respect) Y4 – Examining violence (Expect respect) Excuses and Responsibility (Expect Respect) Y5 – Secrets and stories (Expect Respect) Y6 – Examining gender stereotypes (Expect Respect)
	<i>RSHE</i>	Reception – PANTS Y1 - Know who to ask for help Y2 - Understand personal space and knowing about unwanted touch Y3 – Personal space Y6 – Different types of relationships and sharing personal and private information
	<i>E-Safety</i>	Reception – Keep it private Y2 – Staying safe online Y3 – My online community, Show respect online Y4 – Rings of responsibility, private and personal information Y6 – Talking safely online, Privacy rules



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Child Criminal Exploitation	Computing	NOS: Online Relationships NOS: Online Reputation NOS: Online Bullying NOS: Health, Wellbeing and Lifestyle NOS: Privacy and Security
	History	Y5 – Victorians (Street Child – R.E.A.D. text) Y5 – Atlantic Slave Trade – children forced to work
	Geography	Y5 - North and South America (favelas)
Bullying including Cyberbullying	PSHE	Anti-bullying Week R- Y6 Y1 – Friendships (Expect Respect) Y3 – Resolving conflicts, where to get help (Expect Respect) Y5 –Secrets and stories (Expect Respect)
	Computing	Y2 – Safe behaviours online Y3 – Online community and behaviours Y5 – Digital citizens Y6 - Cyberbullying
	RSHE	Y3 – Touch and personal space
Peer on Peer Abuse	Computing	Y2 – Safe behaviours online Y3 – Online community and behaviours Y5 – Digital citizens Y6 - Cyberbullying
	RSHE	Y3 – Touch and personal space Y6 – Consent, sharing personal/private information
Drugs	PSHE	Y2 – Exploring different substances (Healthy Lifestyles) Y3 – Smoking (Healthy Lifestyles) Y4 – Alcohol (Healthy Lifestyles) Y5 – Legal and illegal drugs (Healthy Lifestyles) Y6 - Preventing early use (Healthy Lifestyles)
	Science	Reception – Human Body and senses Y1 – The 5 senses



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		<p>Y2 – Animals and their needs</p> <p>Y3 – Animals and humans</p> <p>Y4 – The Human body – digestion and teeth</p> <p>Y5 – Life cycles and Reproduction</p> <p>Y6 – Human body systems</p>
Fabricated Illness	PSHE	<p>Reception – People who help us (Healthy Lifestyles)</p> <p>Y1 – who should give us medicine (Healthy Lifestyles)</p>
	Science	Y6 – Human body systems – impact of drugs on the body
Female Genital Mutilation	RSHE	<p>Y2 – Male and female body parts</p> <p>Y3 – Personal space and touch</p> <p>Y4 – Puberty</p> <p>Y5 – Physical changes in puberty</p> <p>Y6 – Puberty and conception/Sharing personal information</p>
	PSHE	Y5 – Secrets and stories
	Science	Y5 – Life cycles and Reproduction
Honour Based Abuse	PSHE	<p>Y1 – How to look after our bodies (Healthy Lifestyles)</p> <p>Y2 – Rules for staying safe in school and at home (Healthy Lifestyles) Gender Stereotyping (Expect Respect)</p> <p>Y3 – Where to get help (Expect Respect)</p> <p>Y4 – Examining violence (Expect respect) Excuses and Responsibility (Expect Respect)</p> <p>Y5 – Secrets and stories (Expect Respect)</p> <p>Y6 – Examining gender stereotypes (Expect Respect)</p>
	RSHE	<p>R – Know that families are different</p> <p>Y1 - Know who to ask for help</p> <p>Y2 – Gender Stereotyping</p> <p>Y3 – Understand personal space</p> <p>Y6 - Different types of relationships, Sharing personal and private information</p>



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Mental Health	PSHE	<p>Reception – Understanding feelings (ROAR resources) Y1 –Types of feelings and managing them (PSHE Association resources) Y2 – controlling emotions and being resilient (ROAR resources KS1) Y3 - Expressing and managing feelings (PSHE Association resources) Y4 – controlling emotions and being resilient, Big thoughts (ROAR resources KS2) Y5 - keeping well, managing challenges and changes/ Rise above materials – Advertising and appearance (PSHE Association resources) Y6 – sleep, social media and body image and the media (Rise Above resources) R – Y6 Wellbeing Wednesdays Children’s Mental Health week World Mental Health Day Mental Health Awareness Week Resilience Week – first week back in January after Christmas</p>
Preventing Radicalisation	RE	<p>Learning about other world religions including a visit to places of worship Y1 – Judaism Y2 – Hinduism (the basics) Y3 – Islam Y4 – Sikhism Y5 – Buddhism Y6 – Hinduism (in more depth)</p>
	Rights Respecting Schools	<p>Article 36 – protection from exploitation</p>
	PSHE	<p>Diversity Week and other relevant workshops Y2 – Rules for staying safe in school and at home (Healthy Lifestyles) Gender Stereotyping (Expect Respect) Y3 – Where to get help (Expect Respect) Y4 – Examining violence (Expect respect) Excuses and Responsibility (Expect Respect) Y5 – Secrets and stories (Expect Respect)</p>



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		Y6 – Examining gender stereotypes (Expect Respect)
	Computing	Y2 – Safe behaviours online Y3 – Online community and behaviours Y5 – Digital citizens Y6 - Cyberbullying
Sexting/Upiskirting	RSHE	Reception – PANTS Y1 - Know who to ask for help Y2 - Understand personal space and knowing about unwanted touch Y3 – Personal space Y6 – Different types of relationships and sharing personal and private information
Serious Violence	PSHE	Reception - People who help us (Healthy Lifestyles) Y1 – How to look after our bodies (Healthy Lifestyles) Y2 – Rules for staying safe in school and at home (Healthy Lifestyles) Y3 – Where to get help (Expect Respect) Y4 – Examining violence (Expect respect) Excuses and Responsibility (Expect Respect) Y5 – Secrets and stories (Expect Respect) Y6 – Examining gender stereotypes (Expect Respect) Gangs Workshop in Y6
Children and the court System	PSHE	Y6 – Expect Respect Y5/6 Workshop on Parliament w/ Constitutional Law Professor (UK Parliament Week) Y5/6 visit to Liverpool Civil and Family Court – cyberbullying workshop
Children with family members in prison	PSHE	Y1 – Friendships (Expect Respect) Y3 – Resolving conflicts, where to get help (Expect Respect) Y5 – Secrets and stories (Expect Respect)
County Lines	PSHE	Y2 – Friendships and secrets (Expect Respect) Y5 – Understanding risks and motivations and intentions (Grooming or Grassing) Y6 – Why is it grooming and asking for help (Grooming or Grassing) Gangs Workshop in Y6



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Homelessness	<i>History</i>	Y1 – Great fire of London Y6 – World Wars
	<i>Geography</i>	Y2 – Kenya (links between income and moving to cities) Y3 – Volcanoes (natural disasters leading to homelessness) Y4 – Earthquakes (natural disasters leading to homelessness) Y5 – Migration (push/pull factors, war) Y5 – North and South America (building favelas) Y6 – Ethiopia (disparity of available, safe home facilities)
	<i>PSHE</i>	Reception – Spending habits and budgets (Financial capability) Y2 – What are wants and needs (Financial capability) Y4 – Links between jobs and money (Financial capability)
Forced Marriage	<i>PSHE</i>	Y1 – Secrets and people who can help us (Expect Respect) Y2 – Where to get help (Expect Respect) Y4 – Examining violence (Expect respect) Excuses and Responsibility (Expect Respect) Y5 – Secrets and stories (Expect Respect) Motivations and intentions (Keeping safe – grooming or grassing?) Y6 – Examining gender stereotypes (Expect Respect)
	<i>RSHE</i>	R – Know that families are different Y1 - Know who to ask for help Y2 – Gender Stereotyping Y3 – Understand personal space Y6 - Different types of relationships, Sharing personal and private information
Sexual Harassment	<i>PSHE</i>	Reception - People who help us (Healthy Lifestyles) Y1 – How to look after our bodies (Healthy Lifestyles) Y2 – Rules for staying safe in school and at home (Healthy Lifestyles), Gender Stereotyping (Expect Respect) Y3 – Where to get help (Expect Respect) Y4 – Examining violence (Expect respect) Excuses and Responsibility (Expect Respect) Y5 – Secrets and stories (Expect Respect)



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		Y6 – Examining gender stereotypes (Expect Respect)
	RSHE	Reception – PANTS Y1 - Know who to ask for help Y2 - Understand personal space and knowing about unwanted touch Y3 – Personal space Y6 – Different types of relationships and sharing personal and private information
	E-Safety	Reception – Keep it private Y2 – Staying safe online Y3 – My online community, Show respect online Y4 – Rings of responsibility, private and personal information Y6 – Talking safely online, Privacy rules