



At Bishop Martin three Key themes run through each topic in PSHE				
Health and Wellbeing Relationships Living in the wider world				

In September 2020, a new curriculum for teaching relationships and health education was introduced. This curriculum has strong links with the specific areas outlined in Keeping Children Safe in Education 2021. Below we have identified how the Relationships and Health teaching requirements, alongside other aspects of our curriculum, meet the teaching the teaching of these specific areas.

Aspect: Relationships Education	Aspect: Physical Health and Mental Wellbeing
Expect Respect	Mental Health and Emotional Wellbeing
Anti-Bullying	Personal Hygiene
E-Safety — Keeping Safe	Oral Hygiene
Healthy Lifestyles	First Aid
Families and people who care for me	Drugs, Alcohol and Tobacco
Relationships Education (Christopher Winter Project)	Diversity Week
	Gangs workshop
	E-Safety — Keeping Safe





Keeping Children Safe in Education 2021 also references a number of other areas that we cover within our curriculum.

Specific Area	Subject	Lesson or topic
Child Missing from	History	Y5 — Victorians — children missing education due to work
Education/Missing from Home	J	Y6 — World War topic — children leaving homes for safety
	Geography	Y2 - Kenya
	5 1 5	Y6 – Brazil – city of 2 halves
Child Sexual Exploitation	PSHE	Reception - People who help us (Healthy Lifestyles)
'		Y1 – How to look after our bodies (Healthy Lifestyles)
		Y2 – Rules for staying safe in school and at home (Healthy Lifestyles), Gender
		Stereotyping (Expect Respect)
		Y3 – Where to get help (Expect Respect)
		Y4 – Examining violence (Expect respect) Excuses and Responsibility (Expect
		Respect)
		Y5 – Secrets and stories (Expect Respect)
		Y6 – Examining gender stereotypes (Expect Respect)
	RSHE	Reception – PANTS
		Y1 - Know who to ask for help
		Y2 - Understand personal space and knowing about unwanted touch
		Y3 — Personal space
		Y6 — Different types of relationships and sharing personal and private information
	E-Safety	Reception — Keep it private
	J	Y2 — Staying safe online
		Y3 – My online community, Show respect online
		Y4 — Rings of responsibility, private and personal information
		Y6 — Talking safely online, Privacy rules





Child Criminal Exploitation	Computing	NOS: Online Relationships
'	1 3	NOS: Online Reputation
		NOS: Online Bullying
		NOS: Health, Wellbeing and Lifestyle
		NOS: Privacy and Security
	History	Y5 – Victorians
		Y6 — Slavery
Bullying including Cyberbullying	PSHE	Anti-bullying Week R- Y6
		Y1 – Friendships (Expect Respect)
		Y3 – Resolving conflicts, where to get help (Expect Respect)
		Y5 —Secrets and stories (Expect Respect)
	Computing	Y2 — Safe behaviours online
	, ,	Y3 — Online community and behaviours
		Y5 — Digital citizens
		Y6 - Cyberbullying
	RSHE	Y3 — Touch and personal space
Peer on Peer Abuse	Computing	Y2 – Safe behaviours online
	, ,	Y3 — Online community and behaviours
		Y5 — Digital citizens
		Y6 - Cyberbullying
	RSHE	Y3 — Touch and personal space
		Y6 — Consent, sharing personal/private information
Drugs	PSHE	Y2 — Exploring different substances (Healthy Lifestyles)
		Y3 — Smoking (Healthy Lifestyles)
		Y4 — Alcohol (Healthy Lifestyles)
		Y5 — Legal and illegal drugs (Healthy Lifestyles)
		Y6 - Preventing early use (Healthy Lifestyles)
	Science	Reception — Human Body and senses
		Y1 — The 5 senses
		Y2 — Animals and their needs





		Y3 – Animals and humans
		Y4 – The Human body – digestion and teeth
		Y5 – Life cycles and Reproduction
		Y6 – Human body systems
Fabricated Illness	PSHE	Reception – People who help us (Healthy Lifestyles)
		Y1 — who should give us medicine (Healthy Lifestyles)
	Science	Y6 – Human body systems – impact of drugs on the body
Female Genital Mutilation	RSHE	Y2 – Male and female body parts
		Y3 — Personal space and touch
		Y4 — Puberty
		Y5 — Physical changes in puberty
		Y6 — Puberty and conception/Sharing personal information
	PSHE	Y5 - Secrets and stories
	Science	Y5 — Life cycles and Reproduction
Honour Based Abuse	PSHE	Y1 – How to look after our bodies (Healthy Lifestyles)
		Y2 — Rules for staying safe in school and at home (Healthy Lifestyles) Gender
		Stereotyping (Expect Respect)
		Y3 – Where to get help (Expect Respect)
		Y4 — Examining violence (Expect respect) Excuses and Responsibility (Expect
		Respect)
		Y5 – Secrets and stories (Expect Respect)
_		Y6 - Examining gender stereotypes (Expect Respect)
	RSHE	R — Know that families are different
		Y1 - Know who to ask for help
		Y2 – Gender Stereotyping
		Y3 — Understand personal space
		Y6 - Different types of relationships, Sharing personal and private information
Mental Health	PSHE	Reception – Understanding feelings (ROAR resources)
		Y1 —Types of feelings and managing them (PSHE Association resources)





		Y2 — controlling emotions and being resilient (ROAR resources KS1) Y3 - Expressing and managing feelings (PSHE Association resources) Y4 — controlling emotions and being resilient, Big thoughts (ROAR resources KS2) Y5 - keeping well, managing challenges and changes/ Rise above materials — Advertising and appearance (PSHE Association resources) Y6 — sleep, social media and body image and the media (Rise Above resources) R — Y6 Wellbeing Wednesdays Children's Mental Health week
Preventing Radicalisation	RE	Learning about other world religions including a visit to places of worship Y1 — Judaism Y2 — Hinduism (the basics) Y3 — Islam Y4 — Sikhism Y5 — Buddhism Y6 — Hinduism (in more depth)
	Rights Respecting Schools	Article 36 – protection from exploitation
	PSHE	Diversity Week and other relevant workshops Y2 — Rules for staying safe in school and at home (Healthy Lifestyles) Gender Stereotyping (Expect Respect) Y3 — Where to get help (Expect Respect) Y4 — Examining violence (Expect respect) Excuses and Responsibility (Expect Respect) Y5 — Secrets and stories (Expect Respect) Y6 — Examining gender stereotypes (Expect Respect)
	Computing	Y2 – Safe behaviours online Y3 – Online community and behaviours Y5 – Digital citizens Y6 - Cyberbullying





Sexting/Upskirting	RSHE	Reception – PANTS
		Y1 - Know who to ask for help
		Y2 - Understand personal space and knowing about unwanted touch
		Y3 — Personal space
		Y6 — Different types of relationships and sharing personal and private information
Serious Violence	PSHE	Reception - People who help us (Healthy Lifestyles)
		Y1 – How to look after our bodies (Healthy Lifestyles)
		Y2 — Rules for staying safe in school and at home (Healthy Lifestyles)
		Y3 – Where to get help (Expect Respect)
		Y4 — Examining violence (Expect respect) Excuses and Responsibility (Expect
		Respect)
		Y5 — Secrets and stories (Expect Respect)
		Y6 — Examining gender stereotypes (Expect Respect)
		Gangs Workshop in Y6
Children and the court System	PSHE	Y6 – Expect Respect
-		Y5/6 Workshop on Parliament
Children with family members in	PSHE	Y1 — Friendships (Expect Respect)
prison		Y3 — Resolving conflicts, where to get help (Expect Respect)
,		Y5 — Secrets and stories (Expect Respect)
County Lines	PSHE	Y2 — Friendships and secrets (Expect Respect)
		Y5 — Understanding risks and motivations and intentions (Grooming or Grassing)
		Y6 — Why is it grooming and asking for help (Grooming or Grassing)
		Gangs Workshop in Y6
Homelessness	History	Y2 — Great fire of London
	-	Y5 – Victorians
		Y6 – World Wars
	PSHE	Reception — Spending habits and budgets (Financial capability)
		Y2 – What are wants and needs (Financial capability)
		Y4 — Links between jobs and money (Financial capability)
Forced Marriage	PSHE	Y1 — Secrets and people who can help us (Expect Respect)
		Y2 – Where to get help (Expect Respect)





		Y4 — Examining violence (Expect respect) Excuses and Responsibility (Expect
		Respect)
		Y5 — Secrets and stories (Expect Respect) Motivations and intentions (Keeping
		safe — grooming or grassing?)
		Y6 — Examining gender stereotypes (Expect Respect)
	RSHE	R – Know that families are different
		Y1 - Know who to ask for help
		Y2 – Gender Stereotyping
		Y3 — Understand personal space
		Y6 - Different types of relationships, Sharing personal and private information
Sexual Harassment	PSHE	Reception - People who help us (Healthy Lifestyles)
		Y1 – How to look after our bodies (Healthy Lifestyles)
		Y2 – Rules for staying safe in school and at home (Healthy Lifestyles), Gender
		Stereotyping (Expect Respect)
		Y3 – Where to get help (Expect Respect)
		Y4 – Examining violence (Expect respect) Excuses and Responsibility (Expect
		Respect)
		Y5 – Secrets and stories (Expect Respect)
		Y6 — Examining gender stereotypes (Expect Respect)
	RSHE	Reception – PANTS
		Y1 - Know who to ask for help
		Y2 - Understand personal space and knowing about unwanted touch
		Y3 — Personal space
		Y6 — Different types of relationships and sharing personal and private information
	E-Safety	Reception — Keep it private
		Y2 — Staying safe online
		Y3 – My online community, Show respect online
		Y4 — Rings of responsibility, private and personal information
		Y6 — Talking safely online, Privacy rules



